Lifestyle Treatment for OAB

 Sometimes, treating an active bladder is in your own hands. Learn about lifestyle treatments for OAB and how they can make a difference.

 Transcrip: If an active bladder is keeping you from doing what you want, these lifestyle treatment options could... More »

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Bladder Cancer

What is it?

This type of cancer occurs in the bladder — the organ that stores urine. The bladder has an inner lining surrounded by a layer of muscles. Bladder cancer begins in the inner lining of the bladder. It is usually discovered before it has spread past the lining.

Risk factors for bladder cancer include:

- Cancer-causing substances such as tobacco smoke and chemicals in the environment
- Exposure to certain industrial chemicals
- Long-standing bladder stones

Bladder cancer tends to return in people who have had the disease.
A Woman's Guide to Breast Cancer Prevention
Tips to Reduce Your Risk

Almost one out of nine women is expected to develop breast cancer, the second-leading cause of cancer-related death in women.

So far, researchers haven’t found any foolproof way to prevent breast cancer except voluntary mastectomy (surgical removal of the breasts) for women at extremely high risk. Short of taking this drastic step, the best way a woman can protect herself against breast cancer is by practicing early detection methods and by reducing known risk factors.

Are You at Risk?
Over 230,000 women in the United States are diagnosed with breast cancer each year. Here are the common risk factors associated with the disease:

- Being female. Breast cancer is most prevalent in women, although men can develop the disease as well.
- Genetic factors. If you have a strong family history of breast cancer or have a BRCA1 or BRCA2 gene mutation, you are at increased risk.
- Age. The risk of breast cancer increases with age.
- Menopausal status. Breast cancer is more common in postmenopausal women who use hormone replacement therapy.

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Understanding Pancreatic Cancer

Expert: Melanie Jay, MD, NYU School of Medicine

Steve Jobs and Patrick Swayze both battled with pancreatic cancer, an often fatal disease. Understanding pancreatic cancer includes understanding its symptoms, diagnosis and treatment. Watch this to learn more.

Transcript: The media coverage of Steve Jobs’ and Patrick Swayze’s battles with pancreatic cancer didn’t do much... More »

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When most normal cells grow old or get damaged, they die, and new cells take their place. Sometimes, this process goes wrong. New cells form when the body doesn’t need them, and old or damaged cells don’t die as they should. The buildup of extra cells often forms a mass of tissue called a growth or tumor. Primary brain tumors can be benign or malignant:

Benign brain tumors do not contain cancer cells:

- They are noncancerous
- They do not spread to other parts of the body

Malignant brain tumors are cancerous:

- They start in one part of the brain and spread to other parts