



Guide to
the 2022
Political Races & DMAs



Key Dates: 2022

Event	Dates	Location
Election Day	1/11/22	Florida's 20 th Congressional District
Election Day	6/7/22	California's 22 nd Congressional District
Election Day	6/14/22	Texas's 34 th Congressional District
Election Day	6/28/22	Nebraska's 1 st Congressional District
Election Day	8/9/22	Minnesota's 1 st Congressional District
Election Day	8/16/22	Alaska's At-Large Congressional District
Election Day	11/8/22	General Election

2022 Senate Races

Solid Dem	Likely Dem	Lean Dem	Toss Up	Lean Rep	Likely Rep	Solid Rep	
CA	CO	NH	AZ	FL		AL	SC
CT			GA	NC		AK	SD
HI			NV	OH		AR	UT
IL			PA			ID	
MD			WI			IN	
NY						IA	
OR						KS	
VT						KY	
WA						LA	
						MO	
						ND	
						OK	

Source: The Cook Report, 3/4/22



2022 Gubernatorial Races

Solid Dem	Likely Dem	Lean Dem	Toss Up	Lean Rep	Likely Rep	Solid Rep
CA	CT	ME	AZ	GA	AK	AL
CO	MN	MI	KS		FL	AR
HI		NM	NV		OH	IA
IL		OR	WI		TX	ID
MA		PA				NE
MD						NH
NY						OK
RI						SC
						SD
						TN
						VT
						WY

2022 House Races

Likely Dem	Lean Dem	Dem Toss Up	Rep Toss Up	Lean Rep	Likely Rep
CO-07*	AZ-04	CA-13*	CA-22, 27	AZ-01	AZ-02
CT-02	CA-09, 47, 49	IL-17*	CO-08^	AZ-06*	CA-03, 40
GA-02	CT-05	IN-01	NC-13*	CA-41, 45	FL-07*, 13*
IL-11, 14	IL-06#	KS-03	NM-02	IA-03	FL-15^, 27
NC-06	IL-13^	ME-02	NY-22*	MI-10*	IA-01, 02
NJ-03, 05	MD-06	MI-07, 08	OH-01	NJ-07	MN-01@
NM-03	MI-03*	MN-02		NY-01*	MT-01^
NY-04*	NC-01*	NV-01, 03, 04		PA-07	NY-02, 11
PA-12*	NY-17	NH-01, 02		TX-15*	
	OR-04*, 06^	NY-03*, 18*, 19@		WI-03*	
	TX-34@	OH-09, 13*			
		OR-05*			
		PA-08, 17*			
		RI-02*			
		TX-28			
		VA-02, 07			
		WA-08			

Source: The Cook Report, 8/5/22; ^ = New Seat; * = Open; # = Merged Seat; *Italicize* = Freshman member; @ = Vacant

Note: For the 2022 cycle, new ratings will be issued on a rolling basis as states finalize new redistricting maps. In new districts with no incumbent, the Cook Political Report's policy is to list the "incumbent party" according to the new district's estimated Partisan Voter Index score.

2022 Mayoral Races (Major Cities)

Anaheim (CA)
Austin (TX)
Bismarck (ND)
Charlotte (NC)
Corpus Christi (TX)
Greensboro (NC)
Henderson (NV)
Laredo (TX)
Lexington (KY)
Little Rock (AR)
Long Beach (CA)
Los Angeles (CA)
Louisville (KY)
Lubbock (TX)

Milwaukee (WI)
Newark (NJ)
North Las Vegas (NV)
Oakland (CA)
Oklahoma City (OK)
Providence (RI)
Raleigh (NC)
Reno (NV)
Salem (OR)
San Bernardino (CA)
San Jose (CA)
Tallahassee (FL)
Trenton (NJ)
Washington, D.C.